

# *July Menu 2025*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Alternative meal options:</b> <ul style="list-style-type: none"> <li>• Creamy Carrot Soup</li> <li>• Minestrone Soup</li> <li>• Spinach Ravioli with Alfredo Sauce</li> <li>• Manhattan Clam Chowder</li> </ul>	<p>1</p> <p>Pork Chili Verde Spanish Rice Roasted Corn Whole Grain Tortilla Juicy Peach Chocolate Milk</p>	<p>2</p> <p>Crispy Chicken Strips Macaroni and Cheese Green Beans Whole Grain Roll Fresh Plum Milk</p>	<p>3</p> <p>Polish Sausage Whole Wheat Bun Roasted Cabbage Baked Lays Pear Cup Blueberry Crisp Milk</p>	<p>4</p> <p style="text-align: center;"><i>Closed for Fourth of July Holiday</i></p>
<p>7</p> <p>Burrito Bowl Brown Rice, Pinto Beans, Fajita Vegetables, and Cheese Whole Grain Tortilla Whole Orange Milk</p>	<p>8</p> <p>Turkey Sandwich, Pepper Jack Cheese on a Whole Grain Bun Broccoli Slaw Juicy Strawberries Milk</p>	<p>9</p> <p>Salmon Wild rice California Blend Vegetables Whole Grain Roll Crisp Apple Milk</p>	<p>10</p> <p>Pepperoni &amp; Vegetable Pizza on a Whole Grain Crust Fresh Crispy Green Salad Italian Dressing Pear Cup Milk</p>	<p>11</p> <p>Polynesian Chicken Breast Whole Grain Penne Pasta Peas and Carrots Fresh Nectarine Milk</p>
<p>14</p> <p>Swiss Steak Mash Potatoes Asparagus Whole Grain Corn Muffin Mixed Fruit Cup Milk</p>	<p>15</p> <p>Chicken Marsala Wild Rice Capri Vegetable Medley Whole Wheat Biscuit Fresh Orange Milk</p>	<p>16</p> <p>California Cobb Salad with Ranch Dressing Whole Wheat Roll Fruit Medley Chocolate Milk</p>	<p>17</p> <p>Sloppy Joes on a Whole Grain Bun Tater Tots Roasted Brussels Sprouts Fresh Plum Milk</p>	<p>18</p> <p>Turkey Tetrassini Roasted Butternut Squash Whole Wheat Dinner Roll Kiwi Milk</p>
<p>21</p> <p>Creamy Chicken Enchilada Bake with Sour Cream 4-Way Vegetables Grape Juice Milk</p>	<p>22</p> <p>Swedish Meatballs Creamy Mash Potatoes Baby Carrots Whole Grain Breadstick Fresh Strawberries Milk</p>	<p>23</p> <p>Greek Salad with Grilled Chicken Whole Grain Roll Melon Bites Milk</p>	<p>24</p> <p>Spaghetti with Meat Sauce Cauliflower Whole Grain Garlic Bread Applesauce Milk</p>	<p>25</p> <p>Tuna Sandwich Whole Wheat Bread Carrot Raisin Salad Fresh Blueberries Milk</p>
<p>28</p> <p>Turkey Burger with Swiss Whole Grain Bun Green Beans Sun Chips Juicy Orange Milk</p>	<p>29</p> <p>Summer Stew Zucchini Corn Bread Mixed Berries Apple Crisp Cake Milk</p>	<p>30</p> <p>Chicken BLT Salad with Creamy Ranch Dressing Whole Grain Roll Fresh Peach Milk</p>	<p>31</p> <p>Shepherd's Pie Butternut Squash Whole Grain Biscuit w/Butter Juicy Mango Chocolate Milk</p>	<p>The salt &amp; pepper shakers Indicate a meal. that contains more than 1,000 mg of sodium</p> 

**Lunch is a suggested voluntary contribution of \$3.00**

**Serving adults 60 years and older**

**To cancel a meal, please call the day before or NO LATER THAN 8:00 AM on the day of service: Placerville (530) 621-6160 OR South Lake Tahoe (530) 573-3130. Please call (530) 621-6160 for current dine-in status. Please join us at one of the following locations:**

Placerville	El Dorado Hills	Pioneer Park	Pollock Pines	Georgetown	Cameron Park	South Lake Tahoe
937 Spring St	990 Lassen Lane	6740 Fairplay Rd	2675 Sanders Dr	6680 Orleans St	2502 County Club Dr	3050 Lake Tahoe Blvd.