



C3 Martial Arts Training Classes

2 Week Trial

- ▶ TKD Tigers - Ages 4 - 6
- ▶ Family Martial Arts - Ages 8 +

Tuesdays & Thursdays
6:00 pm - 6:30 pm*

** See schedule online*

Classes are held at:
4100 Cameron Park Dr., Ste 123
Cameron Park, CA



Benefits

- ▶ Focus and Listening
- ▶ Confidence & Respect
- ▶ Improved Health & Fitness
- ▶ Emotional Control & Mental Resilience



For More Information :



530-677-2231



www.cameronpark.org